Local Anaesthetics in History

The substance called Procaine, the first effective and reliable local anaesthetic, was synthesized in 1905. One year earlier, adrenaline, which is added to local anaesthetics as a vasoconstrictor, was first successfully synthesized. By adding such vasoconstrictors, removal of the local anaesthetic is delayed, whereby the duration of local anaesthesia such as in the case of Lidocaine, for example, may be doubled.

Local Anaesthetics in Dental Medicine

The requirements imposed on a clinically usable local anaesthetic include water solubility, sterilizability and tissue compatibility. In order to prevent toxic effects, a local anaesthetic should be inactivated as rapidly as possible after absorption.

Today, the local anaesthetics used clinically are divided into esters and acid amides based on their chemical structure. Because of their higher risk of hypersensitivity, the local anaesthetics of the ester group should be generally avoided. Of this group, tetracaine and benzocaine have an area of indication as topical anaesthetics.

Only certain local anaesthetics are approved for routine use in dentistry. These include Lidocaine, Mepipavacaine and Articaine, for example. These substances belong to the amide preparations. They exhibit very low allergenic potential. The occasionally observed intolerance reactions are caused by the added preservatives (such as methylparaben) and/or excipients (e.g., sugars) (Table 1).

Lidocaine is the most widely used worldwide, and is quite appropriate for spatially expanded treatments. It is used as a 2% solution for infiltration and nerve block anaesthesia. (e.g., Lignospan Special, Septodont). It can also be used in topical anaesthesia (Xylocun Spray, Sept-o-dent) for the mucosa.

Because of its very low vasodilatory activity, Mepipavacaine can be used also without a vasoconstrctor. This local anaesthetic should be considered in patients with contraindications for the use of adrenaline or sodium nitrite. It is also suitable inter alia for special at-risk patients such as asthmatics, persons with allergies or cardiovascular-labile patients. Because of the relatively short therapeutic utility time, the 5% solution should be used (e.g., Sonoadent 5% Plain, Septodont) (Fig. 5).

Articaine is characterised by pronounced local anaesthetic activity with low toxicity. Absorption of the local anaesthetic. This drawback can be counteracted by the addition of vasoconstrictors such as adrenalin, noradrenalin or felypressin.

By virtue of the vasoconstrictor, the elimination of the local anaesthetic is slowed and consequently there is a lengthening of the therapeutic utility time and a potentiating of the intensity of action. Another effect is the reduction of local perfusion, which can be an advantage in surgical procedures.

The majority of dental local anaesthetics contain the adjvant adrenalin in concentrations of 1:8000, 1:10000 and 1:20000. Sulphite is added as an antioxidant in order to stabilize the oxygen-sensitive adrenalin. Here, the corresponding risk of sulphite allergy must be considered. In the majority of cases, the lower adrenaline concentration of 1:20000 is adequate. Nevertheless, a higher

dozen, whereas in nerve block anaesthesia the reverse effect must be expected.

Administration & Injections

In the majority of cases, local anaesthetics in dental medicine are administered in the form of topical, infiltration or nerve block anaesthesia. Special local techniques include intraligamental, intraseptal and intrapulpal anaesthesia. In general, dental cartridges together with dental syringes are used for infiltration and nerve block anaesthesia. These make aspiration of the local anaesthetic possible before injection, and thus increase the safety of administration.

In addition, easy-break ampoules and, in cases of high use, multi-dose bottles are used.

Multi-dose dispensing bottles must, however, contain preservatives, which represents an allergy risk.

Injection should be done slowly (circa 1 ml/60 sec.). In the case of intraligamentary injection, an even slower injection is required, Here, special injection syringes are available, making uniform and reduced pressure injection possible. Recently, electronically controlled injection systems (Anaject, Wand) have become available.

Today, thin disposable needles with a precision bevel, such as the triple bevel needle (Septoject, Septodont), are used as injection needles. Developments are injection needles with a silicone coating for improved sliding characteristics and can thus be thinner. A thicker needle wall thickness for reducing the required injection pressure and slowing the flow of the injection solution (Septoject XL, Septodont).

Complications

Most frequently, adverse non-specific systemic effects occur that are caused by the injection itself. In extremely rare cases, they require specific treatment and are only transient in nature. Drug-dependent adverse effects such as intoxication or anaphylactic shock are potentially life-threatening.

Intoxication can be triggered by overdose of the local anaesthetic or by vascular injection.

The symptoms of intoxication are of the CNS type. Diaphorethy, tremors, facial twitching, seizures, decrease in pulse and blood pressure and a respiratory or cardiovascular arrest can also occur.

The first symptoms in anaphylactic shock include reddening and swelling of the injection area followed by urticaria. A generalized release of histamine can cause cardiovascular shock symptoms like an increase in heart rate and a drop in blood pressure. Finally, the result of this can be cardiovascular arrest.

Intoxication and anaphylactic shock require immediate action by the dental team and availability of operational emergency equipment. An essential component of emergency prophylaxis is a careful and regularly updated medical history.

Literature